
POP's Newsletter

August 2017

Hello,

A summery welcome from the Engagement Team here at Dudley CCG. We hope you are all keeping well, we have a few items we would like to share with you all;

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A step closer to Dudley Multispecialty Community Provider (MCP)

Following the launch of the procurement process for Dudley's Multispecialty Community Provider (MCP) in June, Dudley CCG has now announced the bidder that has made it through to the next stage.

Following an initial evaluation, the CCG in partnership with Dudley Council, will enter into a dialogue process with a consortium involving four local NHS Trusts and local GPs. The four trusts are - Birmingham Community Healthcare NHS Foundation Trust, The Dudley Group NHS Foundation Trust, Dudley and Walsall Mental Health Partnership NHS Trust and Black Country Partnership NHS Foundation Trust.

The new Multispecialty Community Provider (MCP) will bring together services in an integrated manner and will:

- hold a contract of up to 15 years' duration;
- manage a single, whole-population budget;
- transform the access to and delivery of community health and care services with Primary Care at the centre, and
- meet a defined set of outcome and performance measures.

The consortium has been notified of their successful completion of the first part of the process and the dialogue phase will start in early September.

Last year the CCG held a public consultation into the development of Dudley MCP and local people have helped to shape the scope of services, outcomes and the key characteristics of this new organisation.

Paul Maubach, Chief Executive Officer, Dudley CCG said, "We are delighted to have a viable bidder to start the dialogue process with. This process will test out their ideas and see how well they match our vision for an organisation that will be able to deliver better integrated services designed to improve the lives of Dudley people".

It is expected that the contract, with the total annual potential value of £363m, will be in place by Spring 2018 with service delivery commencing during the financial year 2018/19.

Work starts on £2.6m Emergency Treatment Centre at Russells Hall Hospital

Work on Dudley's £2.6 million Emergency Treatment Centre has started at Russells Hall Hospital, ready to open in November this year. The brand new purpose built centre, developed in partnership with Dudley CCG, will house urgent care services. It will be right next to our existing Emergency Department, giving patients an improved single point of access and one stop shop for urgent and emergency treatment.

Having the two services side-by-side means patients won't have as far to go for non-emergency care and staff will be able to work even more closely together to provide a seamless service.

The new building will house a new urgent care waiting area, eight urgent treatment rooms, as well as a new Emergency Department waiting area.

Paul Bytheway, Chief Operating Officer at The Dudley Group, said, "This new facility is fantastic news for Dudley, as better assessment by appropriate clinicians and less pressure on A&E supports reduced waiting times and a better experience for patients."

While the building work is underway, there will be some temporary changes to the way patients access the Emergency Department. Patients will still receive the same high quality service, but will come via a temporary waiting area to the right hand side of our existing emergency entrance.

A new drop off zone will be created outside the temporary building and visitors will then park in the main visitor car park which has been adapted with a new pedestrian walkway to allow better access.

[See attached](#) for a selection of artists impressions of the new facility.

Prescribing Policy Changes Update

As you are aware, we held a public consultation as we were proposing to stop prescribing medicines for short-term, minor conditions or where there is no clear health benefit for patients. We wanted to hear from local people as to whether they agreed with the proposals and to understand the impact of these proposals.

In Dudley we spend around £2 million per year on widely available, over the counter medicines, and GPs spend an average of £5,000 every single day seeing patients who have minor ailments that could be treated with remedies bought from a pharmacy, supermarket or shop.

The consultation ran from Wednesday 1st February 2017 to 26th April 2017.

We received 332 public responses to the consultation survey, summary of results are as follows:

- 96.7% of people who completed the survey live in Dudley Borough
- 76.5% of people agreed with the proposal to stop prescribing the 'over the counter' treatments and medicines listed for short-term, minor ailments or where there is insufficient evidence of clinical benefit or cost effectiveness
- The overall majority agreed with the individual items and remedies listed within the consultation list (see [attached](#))

We received 52 GP member responses to the consultation survey, summary of results are as follows:

- 92% of GP members agreed with the proposal to stop prescribing the 'over the counter' treatments and medicines listed for short-term, minor ailments or where there is insufficient evidence of clinical benefit or cost effectiveness
- The overall majority agreed with the individual items and remedies listed within the consultation list (see [attached](#))

Since the consultation we have been considering the feedback. It has been to a number of CCG committees, including our Prescribing Committee. The feedback from the public and professionals has led to a number of insights, which have changed the proposed policy. We have also recognised the need to communicate these changes effectively and I am delighted to attach our planned communication materials which have been developed with a patient group.

- [Changes to prescribing policy \(leaflet\)](#)
- [Changes to prescribing policy - list to download](#)
- [Changes to prescribing policy \(poster\)](#)
- [Changes to prescribing policy - survey results](#)

We are also planning some targeted areas for communication with the boroughs schools and care homes, along with some further work to explain the changes to our Black and Minority Ethnic (BME) communities.

Over the next few months the communication materials will be sent out to all GP Practices and local providers to help share the changes. If you would like further information, either ring the team on 01384 321979 or visit our webpage www.dudleyccg.nhs.uk/prescribing

PPG Event

We felt the PPG event held at DY1 on Tuesday 15th August was very successful as we had 60 people attending and representatives from 19 surgeries across Dudley Borough.

We have had some lovely feedback since the event and people have advised they welcomed the opportunity to share, listen and network. Thank you to all those who attended and a big thank you to all those who supported the event with a stand and information to share with others attending.

PPG Quiz Night

All PPG's or members of the community are invited

My name is David Taylor and I am a committee member of Feldon Lane Practice PPG (The Lanes). We may have met at one of the POPs meetings or the central PPG meeting in Dudley.

I would like to invite you to a '[Pub Style ' Quiz Night](#)' that we are holding in Blackheath on 14th October.

We will be entering teams and hopefully so will Halesowen Medical Practice (St. Margarets Well Surgery). I thought it would be good to have a combined Halesowen based PPG presence, with the more teams that we can get together, the more we can impact on the evening., but we would like to open this up to all.

The Details :-

Where - At the St. Paul's Church Hall, Vicarage Road, Blackheath, B62 8HX

When - Saturday Evening 14th October (Exact time to be confirmed)

Teams - Can have upto a maximum of 6 members.

Fee - £3 for each team member, to be paid on the night.

Prizes - There will be a prize for the teams that come 1st & 2nd, and for the team that comes last.

A Tombola will probably take place throughout the evening.

Food and drink are not provided, but you are free to bring your own (alcoholic drink **is allowed**)

Please spread the word.

If you are interested but need more information, please contact David Taylor on axnfe1@talktalk.net or Stuart Rudge on stuart.rudge43@hotmail.co.uk or please complete a [quiz form here](#) and email directly to either David or Stuart.

Older People's Day

You are invited to join us to celebrate Older Peoples Day 2017; Combatting Loneliness and Isolation.

This free event is for individual older people and representatives of organisations across all sectors working with or for older people in Dudley.

Brierley Hill Methodist Church, Bank Street

28th September 2017 – 10.30 am to 2.30 pm

There will be a range of activities during the day including a reminiscence session, craft session, relaxation session and seated exercise – join us for all or part of the day. Information from various organisations will be available on marketplace stalls. Refreshments and a buffet lunch will be provided but booking is essential.

[Older People's Day Flyer](#)

[Older People's Day Poster](#)

If you would like to book a place, or book lunch, please call Fynelle Wishart at Age UK, Dudley on 01384 354508 or email receptionhq@ageukdudley.org.uk

Help to get your home adapted

The service offers adaptations to people of any age from children to older people. Full grant funding is always provided for adaptations needed for children under 18.

The aim is to help people stay independent in their homes. Typical adaptations include things like handrails, stair rails, ramps, level access showers, stair lifts, through the floor lifts, even home extensions to provide extra sleeping or bathing facilities.

Home adaptations for independence are available to people who own their own homes, or are private rental tenants. Council tenants can already request adaptations to their homes through the council.

Dudley Home Improvement Service, which is part of Dudley Council, offers the adaptations package. Grants are available to pay for adaptations, along with an adaptations package of advice and practical support. This consists of an expert recommendation, support to design and build the adaptation from technical officers and council approved builders, all work is overseen by the council, so there is no hassle and no stress to people.

Anyone who is struggling with daily life in their home can ask for help. If a member of

the household of any age is having difficulties bathing, getting upstairs, even getting into the home, help is on offer to adapt the property to better meet these needs.

Dudley Council is offering help to borough residents who need to adapt their homes to better meet their needs.

Contact Dudley Home Improvement Service on 0300 555 0055.

Dudley and Walsall Mental Health NHS Trust Newsletter

Please find [attached here](#) the special edition newsletter from Dudley and Walsall Mental Health NHS Trust on their recent mental health and equality & diversity weeks. We hope that you find the information useful and informative. Please feel free to share.

Black Country | **Core Strategy**
Planning for the future of the Black Country



The Black Country needs your voice

People living across the Black Country are being urged to have their say on future development plans for the region. Some big decisions need to be made on important issues that will affect the Black Country, up to 2036.

The Black Country Core Strategy is a regeneration plan which sets out the future development of the area. It plans for housing needs, jobs and employment, transport, as well as taking the local environment into consideration. The views of people from Dudley, Sandwell, Walsall and Wolverhampton are being sought to make sure the plan reflects local needs and meets the challenges and presents opportunities for local people.

A public consultation launched on July 3 and runs throughout the summer until September 8 2017. By taking part in this and having a say, local people will help plan for the very best Black Country.

Key questions that are central to the plans include:

- **78,000 new homes need to be built across the region, plus more employment land is needed - where should these go?**
- **what transport improvements are needed to improve the area's connections?**
- **what new community facilities might we need to support the area's future growth?**

Don't miss your chance to have your say – your views will help develop plans which will shape the Black Country over the coming years, affecting everyone's future.

It's easy to take part online by visiting blackcountrycorestrategy.dudley.gov.uk or you can pick up a leaflet from your local library (with a prepaid questionnaire) or request one by calling 01384 814136.

Volunteers Needed!

National Restart a Heart Day

Monday 16th October 2017

Restart a Heart Day is a Europe-wide initiative created by the European Resuscitation Council aimed at raising cardiac arrest awareness. This was launched in 2013 to teach members of the public how to help restart the heart of someone who has suffered a cardiac arrest.

This year West Midlands Ambulance Service, FastAid Black Country and other partners are looking to teach over 30,000 school children CPR in a single day, across schools in the West Midlands in an attempt to break the Guinness World Record. In Dudley we have over 16 schools involved and are urgently looking for volunteers to help deliver these sessions.

All volunteers will be allocated a school to attend (where possible, close to where they live) and receive any training on the day – they will also be accompanied by a team of clinical staff who will help deliver each session.

Regardless of any knowledge or experience, if you'd be willing to give up some time and help in a school in Dudley then please contact Paul Grove at paul.grove@dudley.gov.uk more information as soon as possible and ***'Help train a generation of life savers!'***

To view the poster [please click here](#) and to view the list of schools already signed up [please click here](#).

Please be aware some schools will already have enough volunteers signed up so you may be asked to fill a gap at another school.

New event in Halesowen

In partnership with the Women's Awareness Association in Halesowen Dudley and Walsall Mental Health NHS Trust have organised an event to raise an awareness

about Eid and the Muslim communities in Halesowen. The event will take place on the **4th September 2017 from 12 – 3pm** at Halesowen Leisure centre.

To view the poster for this event, [please click here](#).

The event presents an ideal opportunity to raise an awareness of organisations and cascade health and wellbeing information into the local community.

If you would be interested in having an information stall please let Iram Maan, Community Development Worker know on Iram.maan@dwmh.nhs.uk

BCNA upcoming events

Black Country Neurological Alliance is holding two exciting events in the near future, and you are invited! If you have an interest or you are living with neurological or neuromuscular conditions, you are more than welcome to attend.

Firstly the launch of Cafe Neuro will take place on **Thursday 3rd August, from 2pm to 4pm at Queen's Cross Network in Wellington Road, Dudley** (not far from the Leisure Centre) and will continue on the first Thursday every month. This will be an informal gathering in a friendly place, with refreshments available at a reasonable price. Dudley Carers Group will be there, happy to answer any questions you may have. [Please find the poster here](#).

And secondly, following our successful Question Time event in Dudley last April, we are happy to announce a second one, in Wolverhampton. This will be on **Tuesday 5th September, from 12noon to 4pm at the Molineux Football Ground in Wolverhampton**. There will be a panel of representatives of health services in Wolverhampton, who will be waiting to hear your questions about their services. To book for Question Time please visit the [link here on Eventbrite](#). To find out further information [please view this poster](#).

Find us at <http://www.bcneural.org.uk/>

We're back on Facebook! <https://www.facebook.com/bcneural/>

Get Healthy in Dudley

If you would like to know more about the healthy hubs in Dudley or more information about smoking, drinking, healthy eating, weight management, sexual health, sleep or how to get a health check, get involved or further information on falls prevention or dementia..... then you need to visit; <https://lets-get.com/>

This gives you all the information you need to know about getting healthy in Dudley.

Also, to find out more about activities that are going on during the summer please visit the Family Information Service web pages on <http://fis.dudley.gov.uk/fsd/> with the option to search by township so you can see what is local to you. There are hundred of activities listed, including regular groups which take place.

Laughter Yoga Open Day and Training Opportunity

A Laughter Yoga Open Day will take place on **Saturday, 28 October 2017**
at the Carrs Lane Conference Centre, Carrs Lane, Birmingham, B4 7SX
9.00 am to 5.00 pm

The conference centre entrance is at Carrs Lane almost opposite the exit of Moor Street station - away from the Selfridges building. It is open to anyone wanting to know more about Laughter Yoga and to hear from Laughter professionals about their work and how the movement is growing as more people become aware of its benefits. One of the aims of this event is to raise awareness of the health and wellbeing benefits of Laughter Yoga and find ways that Laughter Professionals can do more work within these areas.

Professor Anna Whittaker will also be one of the keynote speakers - her specialisms are stress, the immune system and older people. There will also be speakers from

the Laughter Community. Please click [here to view the poster for the open day.](#)

For anyone feeling inspired to take their learning about Laughter Yoga further, Maggie will be delivering 2-day Certified Laughter Yoga Leader Training over the weekend of 18 and 19 November 2017 at Wordsley Community Centre, The Green, Wordsley, Stourbridge, DY8 5BN from 9.00 am to 4.00 pm both days. The training includes a written and practical assessment to enable trainees to deliver Laughter Club sessions if they wish. The training cost is £225.00 ('Early Bird' £175.00 if booked and paid for by 10 November 2017). [Information can be found here.](#)

'Laughter is a smile that bursts'

If you would like to know more about the Laughter Yoga event or if you have any questions, please don't hesitate to contact Maggie on 07565 218567 or maggiet1951@googlemail.com.

Black Country Partnership Foundation Trust Annual Members Event

Each year BCPFT holds an annual event to give staff, partners and the public an opportunity to come together to celebrate and share the great health and wellbeing work that goes on across the Black Country.

We have a fun and exciting line up of live entertainment, networking and a health fair with free parking and complimentary refreshments available throughout the afternoon.

Copthorne Hotel, Dudley on Tuesday 12th September, 1:30pm – 4pm

[Please click here to view more information](#)

Places are limited so please let BCPFT know if you are planning on attending. To reserve your place contact 0121 612 8061 or email membership@bcpft.nhs.uk



We would like to provide the opportunity to share upcoming events from PPG's and partners;

Airtime

Dudley CVS would like to share details of the support group for those with COPD which is being held every Thursday 1pm-3pm at DY1 Building, Stafford Street, Dudley, DY1 1RT.

[Airtime poster](#)

If you would like further information, please contact Kate Green on 01384 573381 or email buildingblocks@dudleycvs.org.uk

Please remember if you would like us to advertise any of your events, you can send through information to keren.hodgson@dudleyccg.nhs.uk and your event can feature here



Board Meeting

Thursday 14th September 2017

1pm – 3pm

Room T051, 3rd floor, BHHSCC, DY5 1RU

Dudley Borough Healthcare Forum

Thursday 21st September 2017

4.30pm - 6.30pm

Brierley Hill Civic Hall, Brierley Hill, DY5 3DH

POP's

Thursday 5th October 2017

4.30pm - 7pm

Lion Health, Lecture Theatre, DY8 3SS



**Dudley Clinical Commissioning Group
Brierley Hill Health and Social Care Centre
Venture Way
West Midlands
DY5 1RU
Tel : 01384 321730**

If you have any feedback about the format of these emails or suggestions for the

content please let us know.

Or if you would prefer not to receive these emails anymore, please get in touch and we will be happy to take you off the list.

Our mailing address is:

keren.hodgson@dudleyccg.nhs.uk