
POP's Newsletter

May 2017

Hello,

Spring wishes from the Engagement Team here at Dudley CCG. We hope you are all keeping well now we're well into this chilly season of Spring! We have a few items we would like to share with you all;

1. Healthcare Forum
 2. Adult Mental Health Needs assessment for Dudley
 3. Airtime Respiratory Patient Group
 4. Mental Health Awareness Week
 5. Dudley Falls Prevention
 6. Living with dementia in Dudley borough
 7. Change in provider for specialist seating and wheelchair service contractor
 8. Community Information Champion Training
 9. Community Forums
 10. Centre for Equality and Diversity
 11. Black Country Neurological Alliance meeting
 12. Glossary of acronyms
 13. Upcoming events
 14. Items for your calendar
 15. Contact information
-

Healthcare Forum

The Healthcare Forum was held on 23rd March at Brierley Hill Civic Hall. 54 members of the public attended.

Please click here to [view the presentation delivered by Neill Bucktin](#) providing an update on the MCP

Please click here to [view the presentation delivered by Clair Huckerby](#) regarding the Prescribing Consultation which ended on Wednesday 26th April 2017

To view the notes from the Healthcare Forum including questions and answers [please click here](#)

Our next healthcare forum will be on **Thursday 18th May, 6pm - 8pm at Brierley Hill Civic Hall.**

This forum will be covering Mental Health, to view the poster for the next Healthcare Forum [please click here.](#)

If you would like to attend the next Healthcare Forum on Thursday 18th May, please book your place with Keren on keren.hodgson@dudleyccg.nhs.uk or call 01384 321730

Adult Mental Health Needs Assessment for Dudley

Dudley CCG and Dudley Council would like your opinion on mental health services in Dudley. We are currently working in partnership to complete an Adult Mental Health Needs Assessment for Dudley, which will look at the needs of the adult population of Dudley as a whole. If you would like to give your opinion, please complete the survey here: <https://www.surveymonkey.co.uk/r/mentalhealthneedsassessment2017>

Alternatively, if you would like a physical copy of the survey to complete click [here to print](#) or [here for a large print version](#), or contact us and we will post one to you.

Once complete please send to:

FREEPOST RTGH-YKLH-AZXZ
Dudley Clinical Commissioning Group
Brierley Hill Health & Social Care Centre
Venture Way
BRIERLEY HILL
DY5 1RU
(No stamp required)

The survey will close on 21st May 2017.

Please note that the Needs Assessment **does not cover** the following conditions:
dementia; substance misuse; learning disabilities.

Airtime Respiratory Patient Group

Airtime is a patient led initiative in Dudley for people with COPD and/or respiratory disorders.

It is a totally **FREE** group, which supports patients both mentally and physically via for example reducing the isolation they may feel through their illnesses; and by encouraging peer to peer support.

“Attending Airtime can help reduce feelings of social isolation as well as help to improve a person’s health and their ability to manage their condition”

Airtime is part of ‘Making Waves’ which is a collaborative effort through The Health Foundation and Coventry University. We are hoping to establish further funding for 17/18, as so far, the benefits of such projects have been incredibly positive!

The group is a lively, friendly bunch and up for anything! So far we’ve had tai chi, singing and laughter therapy, art workshops, African drumming and a pub lunch to name but a few of the activities carried out. There is always something different and exciting for participants to try out, although, equally, there is no pressure for those who feel it is too much etc. Alongside the ‘fun stuff’ we also hold informative talks which highlight the many issues faced by our group members; diet, medication and mental health etc.

We provide a buffet lunch each week and are able to cater for food intolerances too.

Travel can be reimbursed if proving too costly.

If you know anyone who may be interested in coming along, they are most welcome.

They may want to come with a relative or friend initially if nervous, and we can then encourage them to attend on a regular basis.

Please either contact Nina Gee on 01384 217058, email; nina@dudleycvs.org.uk or simply turn up at any one of the weekly sessions at DY1 building, Stafford Street, DY1 1RT on Thursday 1pm - 3pm.

Join us for Mental Health Awareness Week!



Dudley and Walsall Mental Health Partnership NHS Trust will be running a series of free events across Dudley to celebrate Mental Health Awareness Week, running from **8–12 May**.

This years' Mental Health Awareness Week will focus on **'surviving or thriving'** and to celebrate, the Trust will run events exploring the areas of the five ways to wellbeing, helping the public take care of their mental health and maintain their wellbeing.

To view a poster to advertise these events, [please click here](#) and please promote and pass on to others.

Be active Tuesday 9 May

- Mary Stevens Park for greenfit exercise session: 9:30am
- Huntingtree Park for buggy walk: 9:15am
- Netherton Park for body conditioning: 9:30am
- Halesowen Leisure Centre: health check & circuit class (women only): 12-2pm

Giving and keep learning Wednesday 10 May

DY1 Stafford Street

- 10am – Workshop on volunteering with Dudley Council for Voluntary Services
- 11am – iPads and craft activities
- 12pm – Floristry and beauty workshop
- 1pm – Free lunch

Take notice Thursday 11 May

Dudley Library

- 1pm – 2:30pm: A free mindfulness session will be held to help attendees take notice of their surrounding

Booking is required for events held on Wednesday 10 and Thursday 11 May

via cdw@dwmh.nhs.uk or call **01384 366517**.

<http://www.dwmh.nhs.uk/>

Dudley Falls Prevention



A new integrated falls one stop shop has launched. Dudley Falls Prevention is a service made up of Dudley Council's adult social care team, Dudley Clinical Commissioning Group and The Dudley Group NHS Foundation Trust all working together. It is for any adult aged 18 plus who is worried about falling. Whether they are concerned about their balance and stability and want to avoid falling, or have already taken a fall. People can refer themselves, or can be referred by their GP, nurse or the hospital.

Each person will receive a tailored programme of support to meet their needs from a multi-disciplinary team of experts and clinicians.

Please visit [Dudley Falls prevention website](#) or call 01384 814459 for further information

Living with dementia in Dudley Borough

A new guide to support and services on offer across Dudley borough for people with dementia, their families and carers has been produced. The guide is a one stop shop of information and services all in one place. It has been produced by Dudley Council, Dudley Clinical Commissioning Group, The Dudley Group NHS Foundation Trust and The Alzheimers Society working together.

The guide will prove useful to people who have a diagnosis of dementia, family members and carers. It is intended that people can dip in and out of it as the needs arises, so that services and support are accessed , as and when people are in need of them.

To request a copy call 0300 555 0055 or download one from the [Dementia Gateways website here.](#)

Specialist Seating and Wheelchair Service contractor for Dudley CCG

If you are an individual wheelchair user or service stakeholder who refers into Wheelchair Services please be aware of the change in Specialist Seating and Wheelchair Service contractor for Dudley CCG as of 1st April 2017. This includes the Assessment, Delivery, Collection, Repair and Maintenance. To view the [poster/flyer please click here.](#)

NHS Dudley CCG have commissioned Ross Care, in partnership with Blatchford to provide the specialist seating and Wheelchair service. This will include the Clinical Assessment & Repairs for service users in Dudley. This service, as of the 1st of April, will no longer be provided by Serco.

Ross Care is the largest private Approved Wheelchair Repairer in the UK working with NHS Trusts & Local Authorities. We currently provide a delivery, collection, repair and maintenance service to over 100,000 Service Users across the Midlands & North of England including Birmingham, Cheshire, Liverpool, Manchester & Leeds. Ross Care have over 60 years' experience in supporting the needs of wheelchair users & rehabilitation services. Ross is the current Approved Wheelchair Repairer for the area

and provider of the Community Equipment Service.

Blatchford is a world leading rehabilitation provider with clinical expertise in special seating and wheelchairs in addition to prosthetics & orthotics. They provide clinical services to the NHS in the UK and internationally, with 125 years of innovation and expertise behind them. They carry out comprehensive assessments involving all members of the patient's team including their family, carers, therapists, rehabilitation engineers and seating clinician as an approach focused on getting it "right first time".

Location

The Wheelchair Assessments will continue to operate from the existing location at:

Corbett Hospital, Vicarage Road, Stourbridge, West Midlands, DY8 4JB.

Please note - we are expecting this location to change in the future, which we will update you on at the earliest possible opportunity.

Deliveries, Repairs & Maintenance will be serviced from:

Ross Care, Unit 42, Gravelly Hill Industrial Park, Birmingham, B24 8HZ

Contact

To arrange a clinical assessment please contact Blatchford on 01384 244 793.

To enquire about deliveries, repairs & maintenance call Ross Care on 01384 886510.

Should a service user attempt to make contact via the old number, then the Serco customer service team shall inform them as to the new details.

For your information, a brief summary of the service you can expect from Ross Care & Blatchford [can be found here](#).

Community Information Champion training

Please find further information for Community Information Point training using this link; <http://healthwatchdudley.co.uk/infopoints/>

This is available for PPG's and practice staff, as well as anyone in an information giving role in any statutory, health, voluntary, community... organisations.

To book onto the training please [click here](#), the dates are available from this month up to March 2018.

**To contact Healthwatch please visit; www.healthwatchdudley.co.uk
or call; 03000 111 001**

Community Forums

Dudley MBC would like to remind Dudley residents of the community forums which take place all over the borough. Community Forums are a way in which local people can play a part in important issues affecting their area. Forums are held in local venues and are open to all residents.

If you would like further information, [please click here](#)

Centre for Equality and Diversity

Dudley Centre for Equality and Diversity would like to share their latest newsletter with you, please view CfED March 2017 newsletter [here](#).

Black Country Neurological Alliance

The first meeting will be on Thursday 27th April at 1pm and it will be at Queen's Cross Network in Dudley, on the outskirts of the town centre. It has been designed with people with disabilities in mind, so it's fully accessible. Lunch won't be provided but there is a cafe on site.

There won't be any agenda or business discussed, just a chance to meet other people, including your committee, over lunch, chat with them and see what Queen's Cross network has to offer. There's no charge for this, but we can't fund lunch this time.

The address is Queens Cross Network, Wellington Road, Dudley, DY1 1RB; Telephone 01384 813460, (not far from the Leisure Centre)

Find us at <http://www.bcneural.org.uk/>

Acronyms

We thought it might help to send out a condensed version of acronyms we feel are currently used with meetings involving the Public, to view this please click [here](#).

If you think there are any acronyms missing, please let us know so we can update the list, keren.hodgson@dudleyccg.nhs.uk



If your PPG is puzzled at a topic to discuss at a PPG meeting we thought we could provide a suggestion here. Please feel free to suggest further topics as needed.

ACCESS

What does good access look like? What are peoples thoughts about extended access? Weekend access? Would you access a different surgery for an emergency appointment?

If you'd like to add a topic to suggest please let us know



We would like to provide the opportunity to share upcoming events from PPG's & partners;

Dudley Libraries

Following a really successful Bump, Baby and Beyond celebration Dudley libraries are following this up with a 4-week programme for expectant mums and particularly first time or teenage mums (see [attached A4 poster](#) and [A5 flyers](#) for more detail)

The flyers give lots of information regarding the sessions but any query please just get in touch directly with Dudley library; 01384 813041

(Admission to the event is free)

The latest details of participants and events can be found on their website;

www.dudley.gov.uk/libraries

Airtime

Dudley CVS would like to share details of the support group for those with COPD which is being held every Thursday 1pm-3pm at DY1 Building, Stafford Street, Dudley, DY1 1RT.

[Airtime poster](#)

If you would like further information, please contact Nina Gee on

Nina@dudleycvs.org.uk

Social Media Surgery

For further information please visit:

<http://socialmediasurgery.com/surgeries/dudley-cvs>

After school free taster session

African Caribbean Community Network would like to share a free after school taster session for parents to bring their children. Please [view the flyer for this here.](#)

Please remember if you would like us to advertise any of your events, you can send through info to keren.hodgson@dudleyccg.nhs.uk & your event can feature here



Mental Health Awareness Week

Monday May 8th - Friday May 12th

(see article above for activities)

Board Meeting

Thursday 11th May 2017

1pm – 3pm

Room T051, 3rd floor, BHHSCC

Healthcare Forum

Thursday 18th May 2017

6pm - 8pm

Brierley Hill Civic Hall, DY5 3DH

Patient Opportunity Panel

Thursday 15th June 2017

4.30pm - 7pm

Beacon Centre, Wolverhampton Rd, WV4 6AZ



**Dudley Clinical Commissioning Group
Brierley Hill Health and Social Care Centre
Venture Way
West Midlands
DY5 1RU
Tel : 01384 321730**

**If you have any feedback about the format of these emails or suggestions for the content
please let us know.**

**Or if you would prefer not to receive these emails anymore, please get in touch and we
will be happy to take you off the list.**

Our mailing address is:

keren.hodgson@dudleyccg.nhs.uk