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# POP's Newsletter

## March 2017

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Hello,

Spring wishes from the Engagement Team here at Dudley CCG. We hope you are all keeping well now we're into this chilly season of Spring! We have a few items we would like to share with you all;

1. POP's update
  2. Prescribing consultation
  3. PPG event feedback
  4. Dementia Strategy
  5. Gardening for Health feedback
  6. BCNA Question Time forum
  7. Community Information Champion Training
  8. Community Forums
  9. CfED newsletter
  10. Glossary of acronyms
  11. Upcoming events
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# Patient Opportunity Panel

The last POP's meeting held on Thursday 9th February was well attended with 24 individuals representing 12 practice PPG's.

To view the minutes from the meeting on 9th February, [please click here](#).

Further documents which were shared during the meeting included;

[Chief Officer and Chairman briefing Jan17](#)

[Presentation on Prescribing consultation](#) - Minesh Parbat (Pharmaceutical Public Health Team)

Our next meeting will be held on Thursday 6th April at DY1, Stafford Street, Dudley, DY1 1RT. This will be 9.30am - 12pm, please let us know if you intend to come so we can ensure we have enough refreshments provided for everyone. To view the agenda for the next meeting, [please click here](#).

**If you would like to attend the next POP's meeting on Thursday 6th April 2017 at DY1 please let Keren you intend to attend by emailing [Keren.Hodgson@dudleyccg.nhs.uk](mailto:Keren.Hodgson@dudleyccg.nhs.uk) or call 01384 321730**

## Prescribing Consultation

There is still an opportunity to read through and respond to the Prescribing Consultation which started on 1st February 2017 and runs up till Wednesday 26th April 2017.

In Dudley we spend around £2 million per year on widely available, over the counter medicines, and GPs spend an average of £5,000 every single day seeing patients who have minor ailments that could be treated with remedies bought from a pharmacy, supermarket or shop.

The CCG are proposing to stop prescribing medicines for short-term, minor conditions/ailments or where there is no or low clinical value or cost effectiveness.

These types of medicines can often be bought over the counter because they are deemed safe enough for people to self-manage common and minor ailments with

support from your pharmacist. For example, painkillers, hay fever tablets, wart and verruca creams, cough and cold remedies, antihistamines and some skin products which can be used for conditions described as 'self-limiting' – i.e. the condition will get better on its own.

Where a treatment is needed for a long-term chronic condition or there are legal restrictions on the amount of medicine that can be purchased over the counter from community pharmacies, then the patient's GP will still be able to prescribe.

Community pharmacists are well trained and accessible meaning they are ideally placed to offer advice and support for minor ailments, reducing the impact upon other NHS services.

**You can read our [public consultation document here](#) and view the full list of products and medicines proposed to be covered by the new policy by visiting the website; <http://www.dudleyccg.nhs.uk/pharmacyconsult/>**

We would ask you to take a few minutes to complete our [online survey here](#), alternatively, if you would like a physical copy of the survey to complete [click here to print](#), or call us and we will post one to you.

Once complete send to; (No stamp required)

**FREEPOST RTGH-YKLH-AZXZ**, Dudley Clinical Commissioning Group, Brierley Hill Health & Social Care Centre, Venture Way, BRIERLEY HILL, DY5 1RU

**If you have any questions about the consultation, please contact us by email at: [contact@dudleyccg.nhs.uk](mailto:contact@dudleyccg.nhs.uk) or on twitter @DudleyCCG #prescribingconsultation**

**To view this online, or to download a large print or Easy Read version of this document, please go to: <http://www.dudleyccg.nhs.uk/pharmacyconsult/>**

## **PPG EVENT**

The first PPG event took place on **Wednesday 1<sup>st</sup> March, 10am until 12pm at DY1** in Stafford Street, Dudley. The event was attended by 55 individuals which was made up of speakers, scribes, Practice staff and PPG and VEG members.

Representatives from 18 Practices attended the event.

To view the presentations and further information, please click on the links below;

[Kate Green \(Integrated Plus\) & Helen Codd \(Dudley CCG\) presentation](#)

[Jacinta Hodgson \(AW surgeries\) presentation](#)

[Notes from table discussions](#)

[PPG quiz questions and answers](#)

Also, mentioned at the event was support for local people who may be lonely and isolated, Healthwatch wanted to share this link for any PPG's who might be interested in taking this forward and using data in the report to help with any bids for funding;

<http://healthwatchdudley.co.uk/age-alliance-loneliness-and-isolation-report-launch/>

The good news is we want to book another event in, like this in the near future, but we want some ideas to what you want to see delivered/discussed or a suggestion for time of year or time of day to deliver this event, please let us know.

**If you would like to feedback in regards to this PPG event or discuss future ideas for PPG event please email Keren on [keren.hodgson@dudleyccg.nhs.uk](mailto:keren.hodgson@dudleyccg.nhs.uk) or 01384 321730**

## Dementia Strategy

We have been busy refreshing our Dementia Strategy for Dudley to make sure it meets the needs of patients with dementia and for carers of patients with dementia.

The updated version reflects feedback that many of you gave us either in questionnaires, focus groups or visits to activities. We have used your feedback to help shape the new strategy and we have shared with our partners across Dudley to make sure that we have one approach for local people.

We would really appreciate it if you could take some time to read through and tell us whether you feel we've got it right. Is there anything you think we have missed which is really important or are there any gaps. If you have any comments – good or bad – then we would like to know!

If you would like to view the draft [Dementia Strategy for 2017 - 2019 please click here](#)

You can either email [keren.hodgson@dudleyccg.nhs.uk](mailto:keren.hodgson@dudleyccg.nhs.uk) or ring Keren on 01384 321730. We need any feedback by Friday 14<sup>th</sup> April.

## Gardening for Health Event

Wychbury's PPG event on Saturday 4th March was very successful. They would like to thank all who supported and share with you a report from the event which provides a summary of the day.

To view the report, [please click here](#)

Further to this report, Dudley Mind have shared some further feedback which is an example of the reach of these ideas which come from PPG's and Wychbury PPG would like to share this with you;

*"I recruited a Support Volunteer who has started on a trial with us already (support volunteers with the right skill set are like gold dust so that's a massive result)*

- I was approached by several people seeking MH support info and/or wanting to relate their MH and 'green therapies' experiences – struck by how openly people spoke*
- One gentlemen spoke to me who had wanted to join us last year but who was too nervous to come along – hopefully now that we've made face to face contact he may feel able to join us"*
- Someone was there who we'd lost contact with – very pleased to see him and to be able to talk about support - Dudley MIND"*

**A fab example of PPG members having so much to offer, especially when thinking a little bit different and doing a little bit different**

## Black Country Neurological Alliance

BCNA is pleased to announce the first of 2017 public events. These **Question Time Forums**, in the style of the television programme, will see several experts in neurological care briefly outline their roles before they are invited to answer

questions from the audience.

There will be four of these events, one in each of our Boroughs, each time featuring experts from that Borough. But they'll all be open to everyone with an interest in neurological and neuromuscular conditions.

The first of these will take place in Dudley on Monday 3rd April at Dudley Village Hotel and Conference Centre and it will incorporate an event to mark Parkinson's Awareness Week.

Please find a poster advertising '[Question time for Neurology](#)' here and feel free to promote with your networks.

**For further information please visit [www.bcneural.org.uk](http://www.bcneural.org.uk) or to express and interest in attending, please email; [contact@bcneural.org.uk](mailto:contact@bcneural.org.uk)**

## Community Information Champion training

Please find further information for Community Information Point training using this link; <http://healthwatchdudley.co.uk/infopoints/>

This is available for PPG's and practice staff, as well as anyone in an information giving role in any statutory, health, voluntary, community... organisations.

To book onto the training please [click here](#), the dates are available from this month up to March 2018.

**To contact Healthwatch please visit; [www.healthwatchdudley.co.uk](http://www.healthwatchdudley.co.uk)  
or call; 03000 111 001**

## Community Forums

Dudley MBC would like to remind Dudley residents of the community forums which take place all over the borough. Community Forums are a way in which local people can play a part in important issues affecting their area. Forums are held in local venues and are open to all residents.

If you would like further information, [please click here](#)

## Centre for Equality and Diversity

Dudley Centre for Equality and Diversity would like to share their latest newsletter with you, please view CfED February 2017 newsletter [here](#).

## Acronyms

We thought it might help to send out a condensed version of acronyms we feel are currently used with meetings involving the Public, to view this please click [here](#).

**If you think there are any acronyms missing, please let us know so we can update the list, [keren.hodgson@dudleyccg.nhs.uk](mailto:keren.hodgson@dudleyccg.nhs.uk)**



**We would like to provide the opportunity to share upcoming events from PPG's and partners;**

## Airtime

Dudley CVS would like to share details of the support group for those with COPD which is being held every Thursday 1pm-3pm at DY1 Building, Stafford Street, Dudley, DY1 1RT.

[Airtime poster](#)

**If you would like further information, please contact Kate Green on 01384 573381 or email [buildingblocks@dudleycvs.org.uk](mailto:buildingblocks@dudleycvs.org.uk)**

## Dudley Libraries

Dudley Libraries are continuing to expand “The Library Journey” and are currently focusing on parents-to-be/new parents. To highlight their offer they’ve organised a...

### **“Bump, Baby and Beyond” Celebration**

**Friday 24 March 11am-2pm at Dudley Library**

**(Admission to the event is free)**

**The latest details of participants and events can be found on their website;**

[www.dudley.gov.uk/libraries](http://www.dudley.gov.uk/libraries)

## Social Media Surgery

For further information please visit:

<http://socialmediasurgery.com/surgeries/dudley-cvs>

**Please remember if you would like us to advertise any of your events, you can send through information to [keren.hodgson@dudleyccg.nhs.uk](mailto:keren.hodgson@dudleyccg.nhs.uk) and your event can feature here**



### **Patient Opportunity Panel (POPs)**

Thursday 6th April 2017

9.30am – 12pm

DY1, Stafford Street, Dudley, DY1 1RT

### **Board Meeting**

Thursday 11th May 2017

1pm – 3pm  
Room T051, 3<sup>rd</sup> floor, BHHSCC

### **Healthcare Forum**

Thursday 18th May 2017

6pm - 8pm

Brierley Hill Civic Hall, DY5 3DH



**Dudley Clinical Commissioning Group  
Brierley Hill Health and Social Care Centre  
Venture Way  
West Midlands  
DY5 1RU  
Tel : 01384 321730**

**If you have any feedback about the format of these emails or suggestions for the content please let us know.**

**Or if you would prefer not to receive these emails anymore, please get in touch and we will be happy to take you off the list.**

**Our mailing address is:**

[keren.hodgson@dudleyccg.nhs.uk](mailto:keren.hodgson@dudleyccg.nhs.uk)